

Tired of your dog taking you for a walk?

The Gentle Leader® headcollar is a unique patented design preferred by many leading trainers, vets & behaviourists around the world. It has been scientifically designed to work with your dog's natural instincts in order to control unwanted behaviour. Results occur in minutes - not weeks.

Why choose Gentle Leader®?

Dogs of all sizes pull on standard collars and harnesses due to a natural instinct to pull against pressure. The Gentle Leader's® unique triple action, patented design counters that instinct in 3 ways:

- 1 Gentle pressure is transferred to the back of the neck, naturally stimulating a relaxation response (the same as when a mother carries a puppy by the scruff of it's neck)
- 2 Gentle pressure around the muzzle of the nose loop naturally gives a relaxation response
- 3 It works like a halter on a horse - where the nose goes the body will follow

Unlike other headcollars the Gentle Leader®...

- Has an adjustable nose loop for a custom fit
- Won't come off over the dog's head - no need for safety straps or awkward double-leashing
- Converts to a regular collar for greater flexibility
- Offers unsurpassed quality!

Join over two million dog owners who have found the secret to enjoying stress-free walks with their loyal friend.

beaphar®

Gentle Leader®



Stops pulling



Not a muzzle



Does not choke

Sizing Guide

Small	Medium	Large
Westie, Yorkie, Jack Russell, Toy Poodle, Lhasa Apso. Also suitable for Medium/ Large Puppies.	Labrador, Cocker & Springer Spaniels, German Shepherd, Boxer, Retriever, Dobermann, Staffordshire Bull Terrier.	Large German Shepherd, Large Labrador, Rottweiler, Great Dane, Newfoundland.
Bitches and young dogs may need a size smaller		

Gentle Leaders® are available in either black or red.

Sinclair Animal & Household Care,
Ropery Road, Gainsborough,
DN21 2QB, UK
Tel: +44 (0)1427 810231
Sinclair is a **beaphar** company.

www.beaphar.com
www.gentleleader.co.uk

beaphar®

Gentle Leader®



Strong & long lasting

Soft weave for comfort

Easy to fit

Endorsed by leading animal behaviourists



Helps train your dog to
STOP PULLING on the lead

Basic training with Gentle Leader®

This Training Guide has been written to guide you through training your dog to be obedient and calmly respond to your commands using Gentle Leader®. All you will need aside from your Gentle Leader® to train your dog is his usual lead, a supply of his favourite small tibbits to use as rewards, a positive, happy and rewarding attitude and a little patience, especially with young dogs.

STOPPING PULLING ON THE LEAD

If your dog walks or pulls ahead of you, use the lead to turn your dog's nose (not body) around and up so that it points directly towards your eyes. Keep walking forwards, taking up slack on the lead to maintain tension, even if your dog pulls backwards or sits. When you reach your dog's side, release the tension, praise him and encourage him to walk next to you. To keep him at your side and to prevent him pulling ahead, anticipate his action and gently raise his nose as soon as his shoulder passes your leg. Your dog's instinctive response will make him pull backwards to relieve the pressure on the back of his neck, and this will cause him to slow down or stop walking. Then walk on immediately with more words of encouragement. NEVER jerk the lead or tell your dog off - this will frighten your dog and make him slower to learn what you want of him. Instead, simply repeat the above in gentle fashion until he understands how to walk calmly beside you without pulling ahead.



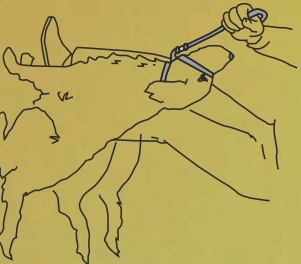
WALKING TO HEEL

Stand to one side of your dog and hold the lead in your hand, leaving a maximum of 2 inches of slack where the lead attaches to the Gentle Leader®. Fold any excess lead in to your other hand. Talk to your dog with a friendly, encouraging voice and start walking forwards. If your dog holds back, keep walking forwards, coaxing him with kind words, and perhaps offer him a favourite tibbit. At the same time, pull gently forward on the lead and quickly release the tension as he sets off. Your dog will soon learn that good things happen when he comes to your side.



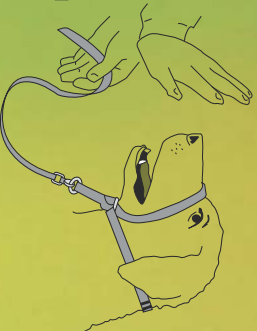
'SIT'

Hold the lead in your right hand. Pull the lead forward and upwards to point your dog's nose gently skywards. As you tip his nose up, his head should go gently back and his hindquarters will lower to the ground. As soon as his hindquarters touch the ground, say 'sit' in an encouraging voice. Immediately release the tension on the lead to allow his head to move freely and offer a tibbit. He may stand up again immediately especially if he is young, but repeat a few times and he will soon associate the sitting position with the word 'sit' and will respond without needing to lift his head.



'STAY'

Begin with your dog in the 'sit' position. Hold the lead in your left hand with two inches of slack, and hold a reward of a tibbit in your right hand. Give the command 'stay' directly in front of the dog raising the palm of your right hand to face him, while still holding the tibbit. If your dog tries to move forwards or to take the reward, pull up gently on the lead with your left hand, at the same time moving towards the dog repeating the command, 'stay'. After a few seconds, move towards your dog and reward his patience by lowering your right hand to give him the tibbit and praise him with the words 'good dog'. Gradually increase the 'stay' time until your dog has learned to 'stay' for a minute or so. You may then wish to extend the distance between you, so walk slowly backwards with the palm of your right hand raised to face him while repeating the 'stay' command until you have reached the end of the lead. If your dog moves towards you remind him to 'stay' by pulling gently up on the lead with your left hand and then quickly releasing it. Then begin again from close by, repeating the command 'stay'.



'DOWN'

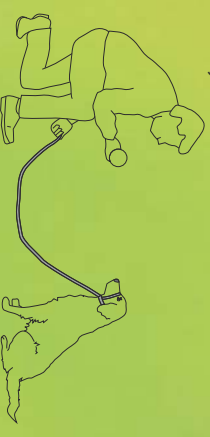
Teach 'down' while your dog is in the sit position at your left side. Hold a toy or food reward in your hand about one inch in front of his nose. With his nose following the reward bring your hand slowly straight down to the floor and, while saying 'down', move the object slowly away from the dog at floor level to induce him to lie down. Do not push down on your dog's back or whithers as he will push back up and resist going 'down'. Sometimes you can encourage him to obey the 'down' command by drawing the reward under a low table so that he must go down underneath it in order to get to the reward. Remember to repeat the command 'down' as soon as he adopts the correct position. After your dog has learned 'down', follow the instructions in the previous section for the 'stay' command to teach him to stay down when asked.



'COME'

To maintain the leadership/control during training, attach your dog's lead to the Gentle Leader® so that you can control the distance between you and your dog as you teach and so that your dog can never run away from you when you give the command 'come'. Begin with your dog sitting in front of you. Next take a favourite toy, or tibbit and place it on the palm of your hand. Kneel on one knee to lower your profile, making yourself more attractive to approach. Extend your forearm and your hand to show the reward, giving the command 'come' with an enthusiastic gentle voice.

Your dog should be eager to respond to your request with only one thought: 'how fast can I gain the reward and your praise?' As the dog steps towards you say 'good dog' and show your hand, palm up for the dog to take the reward without nipping your fingers to get at it! Your dog will only have to take a step forward to gain his reward initially, but as soon as he learns to come when called, extend the distance between you to a pace or two and then steadily further away, repeating the whole process at each increase. Do not proceed too far too fast, or the dog may fail to obey and get distracted. If that happens, gently pull on the lead to turn his head toward you, but quickly release the tension as soon as you have his attention. If the dog still doesn't want to come, reduce the distance between you and start again. After your dog is responding at a short distance, gradually increase the distance again. With the Gentle Leader® system, your dog soon learns that he cannot fail to do what you are asking. Will quickly learn the command 'come' and will always be rewarded for success. As your dog learns to respond each time, you may stand erect when calling 'come'. You may also begin to delay all rewards, except approval with eye contact, until after the dog responds to secondary commands such as 'sit' and 'stay'.



GENERAL ADVICE

If the Gentle Leader® system is used correctly, your dog should soon learn to respond eagerly to your commands for the reward of your praise and affection. Just give an occasional tibbit or the opportunity to hold a toy to maintain his motivation to respond to the commands he has learned.

- ❖ **ALWAYS** have your dog on a lead and Gentle Leader® during training and especially until he learns to come when called.
- ❖ **DO NOT** continue to pull on the lead at any time, because your dog will instinctively pull backwards away from you. Instead pull the lead toward you to let the dog feel your control and then quickly release the tension, and motivate your dog to come with enthusiasm and for rewards.
- ❖ **DO NOT** scold, shout or punish your dog because this is threatening and will confuse him as to the security of your relationship. It also tells him that unpleasant things may happen when he does come to you which will make him even more reluctant to come and difficult to train.
- ❖ **DO NOT** chase or run after your dog - he loves to be chased and to play 'keep away' and will soon learn to train you to come to him!
- ❖ **DO NOT** indulge in prolonged training sessions, especially with puppies and young dogs whose concentration span will be short. If you or your dog grow tired, distracted or frustrated, take a rest and begin again later. Frequent short sessions will give best results.
- ❖ **ENJOY YOURSELVES!** Gentle Leader® has been specially designed to make training fun, effective and rewarding for you and your dog!